

# Community Litter Pickers

## Health and Safety Checklist



Test Valley Borough Council is committed to the safety of its staff and residents. This includes all those who may be volunteering on Council managed land, carrying out a variety of tasks.

Your health and safety is important to us and this is why we have compiled this checklist to help you continue to enjoy your work to help keep Test Valley litter free.

### Do

#### Before

- ✓ Always let a member of your family know where you are going and when you are expected home
- ✓ Carry a mobile phone in case of emergencies (if you have one).

#### During

- ✓ Always use gloves and litter pickers when collecting litter
- ✓ Try to wear reflective or light coloured clothing
- ✓ Wear strong boots or shoes.

#### After

- ✓ Always wash your hands after litter picking
- ✓ Inform the Council of any problems or issues that you may have noticed.

## Do not

- ✗ Handle any needles or sharp objects
- ✗ Work on any busy roads
- ✗ Work in or near any watercourses
- ✗ Lift anything that is too heavy
- ✗ Work when it is dark or unsafe
- ✗ Approach any unknown people
- ✗ Work when you are tired.

If any of your equipment needs replacing, please contact the Council and we will be happy to help.

## Key contacts

**Test Valley Borough Council**  
**01264 368000 or 01794 527700**

**Hampshire Police (non-emergency number)**  
**101**

**Emergency Number (mobile phone only)**  
**112**