Dementia Friendly Hampshire



What is a dementia friendly community?

It's a community where people with dementia:

- can live as independently as possible
- can still be part of their community
- · are met with understanding and given support when they need it

What is the project hoping to achieve?

- groups of empowered people with dementia and their carers
- an engaged and enthusiastic community, supportive of people with dementia
- building dementia awareness in the community
- helping to establish support groups where there is a need

How you can get involved

Become a volunteer/ tell us about your experiences/ give us your views/ complete our questionnaire/ become a Dementia Ambassador or



Join an Action Group

Your involvement will help to make a difference to the lives of people with dementia

Please contact us for more information: dfc@andovermind.org.uk

Or call: Clare Kavanagh Local Area Co-ordinator Test Valley & Eastleigh 07827 317737





